

# Build the Rainbow

Kindergarten - Year 2

## Learning Intentions:

- Students will learn about the variety of colours among fruits and vegetables.

## Activity:

- Each day the class will focus on one colour of the rainbow.
- Using supermarket catalogues or food magazines, students cut out fruits and vegetables that represent the colour of the day and paste on the classroom rainbow.
- Alternatively, students can draw their favorite fruit or vegetable of the colour of the day, and then paste it on the class rainbow.

## Alternative:

Students can create an individual rainbow collage using the worksheet provided.

### You will need:

- A large rainbow poster (option provided below) or butcher's paper
- Supermarket catalogues or food magazines
- Scissors and glue
- Fruit and vegetable colour chart



### Aim

By the end of the week, the class will have created a rainbow collage filled with fruits and vegetables.

# Build the Rainbow

National  
Lunch  
box  
Week

## Fruit and vegetable colour chart

### Red

Red apples, red grapes, raspberries, strawberries, watermelon, red capsicum, radishes, red tomatoes

### Orange

Apricots, peaches, rockmelon, mangoes, nectarines, oranges, mandarins, carrots, pumpkin, sweet potato

### Yellow

Golden kiwifruit, pineapple, yellow capsicum, bananas, sweet corn, yellow tomatoes

### Green

Avocado, green apples, grapes, green pears, kiwifruit, green beans, peas, snow peas, cucumber, celery, lettuce, green capsicum, broccoli, green olives

### Purple/blue

Blackberries, blueberries, cherries, grapes, plums, beetroot, purple cabbage,



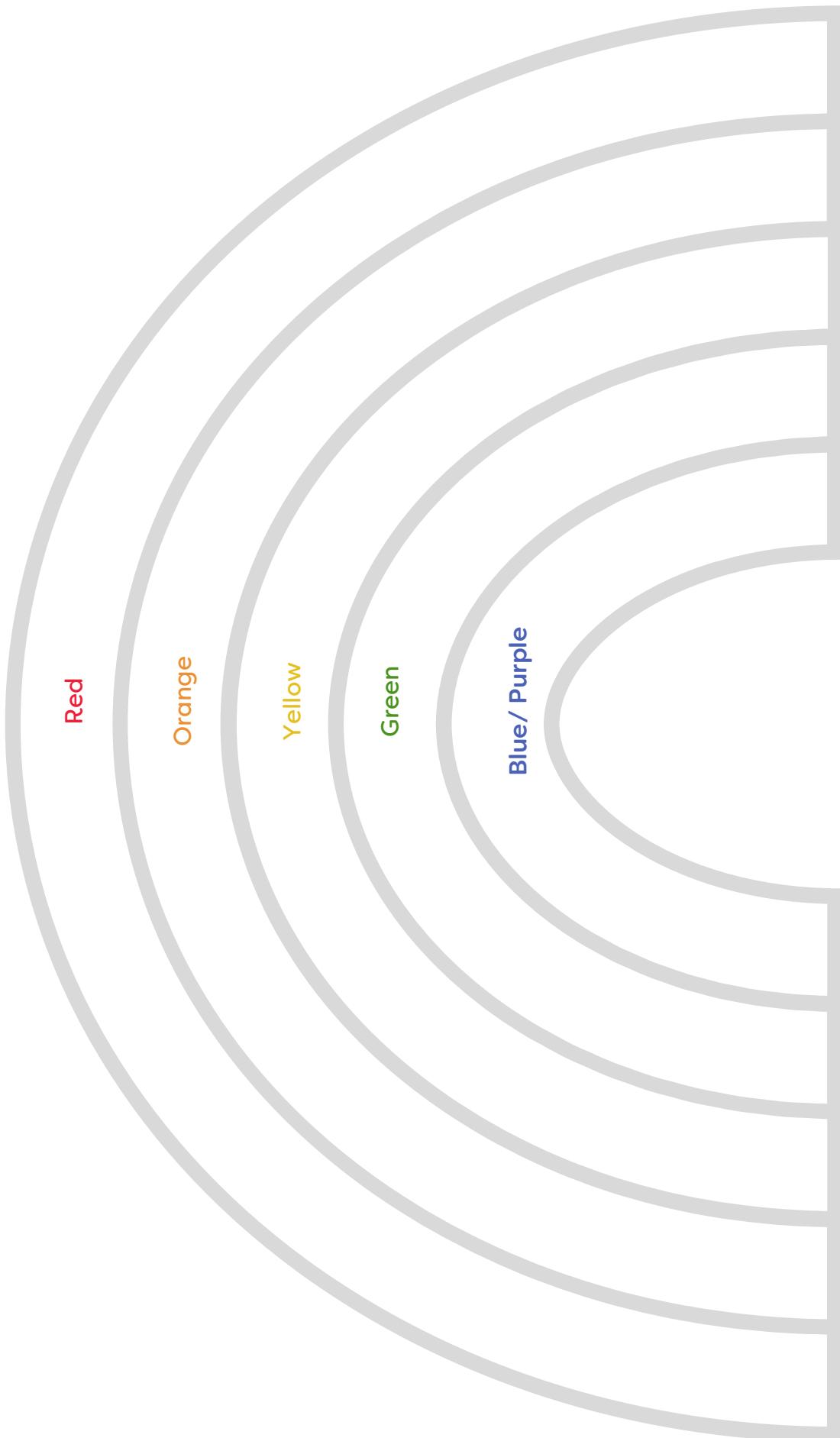
National  
Lunch  
box  
Week

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# Build the Rainbow

National  
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Week



# Build the Rainbow

National  
Lunch  
box  
Week



# Our Lunchbox Week Journey

National  
**Lunch**  
**box**  
Week

Class: \_\_\_\_\_

Adventure: \_\_\_\_\_



Plan your pit stops. Tick the coloured circles after completing each pit stop to reach the finish line.

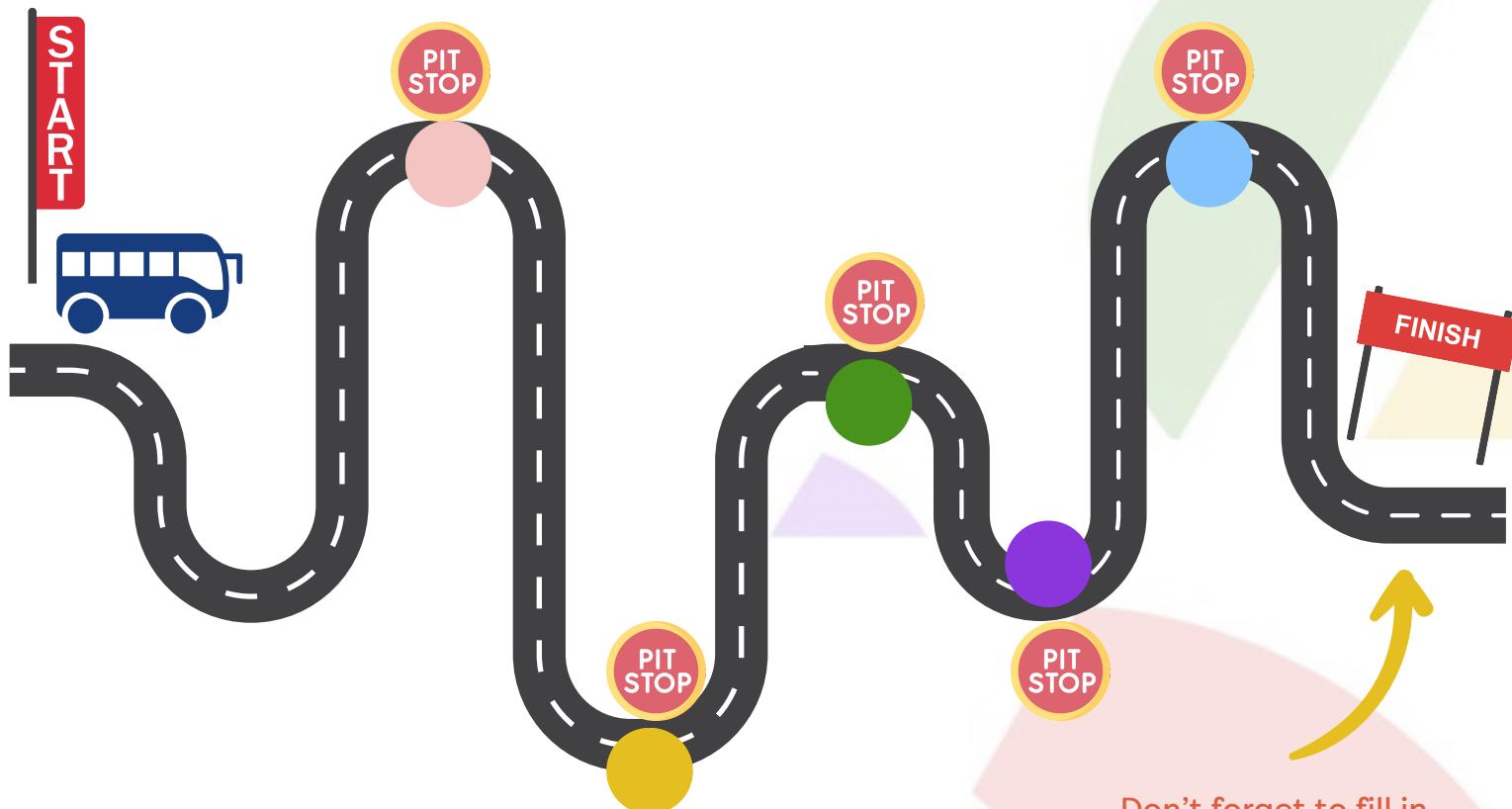
Monday

Tuesday

Wednesday

Thursday

Friday



# Class Certificate

National  
**Lunch  
box**  
Week

## CONGRATULATIONS

Class: \_\_\_\_\_

For completing Lunchbox Week  
Build the Rainbow

