

Muesli Slice



Ingredients

Makes 24

- 2 cups rolled oats
- 1 cup wholemeal flour
- ½ cup desiccated coconut
- 2 teaspoons ground cinnamon
- ¾ cup sultanas or other mixed dried fruit
- 2 bananas
- ½ cup canola oil
- ½ cup honey



1 LINE

Preheat oven to 180°C. Line a slice tray with non-stick baking paper.

2 MIX

In a mixing bowl, add the dry ingredients and mix through.

3 MASH

Place bananas in a separate bowl and mash well.



4 COMBINE

Add bananas to the dry mix with oil and honey. Mix until well combined.

5 BAKE

Place mixture into the lined slice tray and press down firmly. Bake for 30 minutes until golden.

6 CUT

Allow to cool before cutting into squares. Store in air tight container for up to 1 week.