



# Choc balls



*Makes 24*

*Can be stored in the fridge for up to 5 days*

## Ingredients

- 2 cups pitted dates
- 2 cups rolled oats
- 2 cups rice puff cereal
- 1/3 cup cocoa
- ¼ cup honey
- 2 tablespoons monounsaturated margarine
- 1 teaspoon ground cinnamon
- ½ cup desiccated coconut - for rolling
- Water - as needed



## Method

1. Roughly chop dates and add to food processor. Pulse dates until they are finely chopped. Add a sprinkle of warm water to soften dates if needed.
2. Place remaining ingredients into the food processor, blend until well combined.
3. Pour coconut into a shallow bowl. Using clean wet hands roll teaspoons of the mixture into ball shapes.
4. Toss in desiccated coconut and serve in a mini patty case.